

The following is a list of San Diego NGOs which offer internships. It might be possible to conduct a human rights-related internship through many of them. To receive credit for such an internship, students need to receive the consent of the Director of the Human Rights Minor and UCSD's Academic Internship Office.

Non-Profit Organizations

General

<p>Accion San Diego</p>	<p>www.accionsandiego.org 404 Euclid Avenue, Ste. 271 San Diego, CA 92114 Telephone: (619) 795-7250 Fax: (619) 795-7260 Email: info@accionsandiego.org</p>	<p>The mission of ACCION San Diego is to create increased income and access to jobs for low-to-moderate income, self-employed men and women by providing small loans and business support services.</p>	<p>-Leadership & Mentoring Committee is composed of a seasoned group of entrepreneurs who volunteer their time to mentor rising microentrepreneurs in San Diego County. Committee members apply their personal experience and expertise of owning a business to provide advice to ACCION clients on various issues that can impact any microentrepreneur.</p> <p>-Entrepreneurial Training & Assistance Committee is for college students and professionals looking to apply their skills to help our clients and organization. Some volunteers are available on an on-call basis to assist our clients with technical aspects of running their businesses, from basic accounting in QuickBooks to website design or Microsoft Office skills. Other volunteers are available to provide ACCION with technical assistance in areas such as marketing and website maintenance. The purpose of this committee is to offer ACCION clients access to one-on-one assistance with specified resource skills in addition to loans, helping them to run more effectively.</p> <p>-Administration, Marketing & Outreach Committee is designed for individuals who may not have the technical expertise to provide one-on-one assistance to our clients, but believe in the mission of ACCION San Diego and have the desire to help. Volunteers in this tier assist ACCION by getting the word out to the community about the loan program and the services we offer. This may include delivering brochures, making presentations to community groups, helping design the ACCION San Diego newsletter, or researching new partner organizations. As members of this tier, volunteers must be thoroughly familiar with ACCION San Diego's program and have the ability to</p>
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<p>Center for Community Solutions</p>	<p>www.ccssd.org Coastal Location: 4508 Mission Bay Drive San Diego, CA 92109 Telephone: 858-272-5777 East County Location: 7339 El Cajon Blvd. Suite J La Mesa, CA 91941 Telephone: 619-697-7477 North County Location: 240 S. Hickory St. Suite 110 Escondido, CA 92025 Telephone: 760-747-6282</p>	<p>It is the mission of the Center for Community Solutions to end relationship and sexual violence by being a catalyst for caring communities and social justice.</p>	<p>answer various questions.</p> <p>-Sexual Assault Response Team (SART) Advocates: CCS volunteer SART Advocates provide immediate, in-person support for sexual assault victims during their forensic exams. All volunteer SART Advocates complete our comprehensive 60-hour Sexual Assault and Domestic Violence Crisis Intervention Training and an extensive background check before volunteering. A twelve-month commitment of 4 six-hour shifts per month is required. SART Advocates are needed in San Diego and Escondido. Contact: Cara Kiggins at ckiggins@ccssd.org or 858.272.5777 ext. 140</p> <p>-San Diego County Domestic Violence/Sexual Assault Hotline: Volunteer Hotline Crisis Counselors provide emotional support, information and referrals to victims of domestic violence and sexual assault who call our 24-hour hotline. Completion of our 60-hour Sexual Assault and Domestic Violence Crisis Intervention Training is required prior to volunteering. Contact: Cindy Geldreich at cgeldreich@ccssd.org or 858.272.5777 ext. 147</p> <p>-Domestic Violence Residential Counselor: Volunteer Residential Counselors will provide emotional support, education, and crisis counseling to residents of CCS' two domestic violence emergency shelters. Comprehensive training prepares volunteers to assist survivors of domestic violence in dealing with the traumatic impact of family violence. Residential Counselors may also lead children's activity groups, women's support groups, and arts and crafts groups. Volunteers must complete our 60-hour Sexual Assault and Domestic Violence Crisis Intervention Training, a Live Scan criminal background check, and a tuberculosis test prior to working in our shelters. If you are interested in volunteering as a Residential Counselor in East County, please submit your volunteer application to Juli Finch at jfinch@ccssd.org or call 619.631.6442. For North County, please submit your volunteer application to Carmen Maldonado at cmaldonado@ccssd.org or call 760.480.0055.</p> <p>-Resource Development Department Volunteers: The Resource</p>
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<p>World Beat Center</p>	<p>www.worldbeatcenter.org 2100 Park Boulevard San Diego, CA 92101-4752 Telephone: 619-230-1190 Email: info@worldbeatcenter.org</p>	<p>As a non-profit multi-cultural arts organization we are dedicated to promoting, presenting & preserving the African & Indigenous cultures of the world through Music, Art, Dance, Education & Technology. Through consciousness raising the WorldBeat Center promotes peace within our San Diego community by providing on going programs and services that nurture the spirit of children, the elderly, and everyone in between. Our main goal is then to create unity within diversity.</p>	<p>Internship Opportunities: The WorldBeat Cultural Center offers a wide variety of internship opportunities for students and recent graduates year round, providing invaluable hands-on experience in various departments. Internships at WBC are generally unpaid and part-time, unless otherwise noted, and may be eligible for college credit. It is up to each individual student to contact his or her school to determine the requirements for earning credit through an internship at WBC. Each department operates its own internship program. Qualifications, duration, responsibilities, and application procedures vary accordingly.</p> <p>Volunteer Opportunities:</p> <p>Board Developer, Center Care Personnel, Event Assistant, Event Coordinator, Gardening & Ethnobotany, Grant Writer and Developer, Marketing and Sponsorship, Multi-Media Tech/Editing/ Internet Radio Station Support, Office Management and Organization, Operations Manager, Outreach Coordinator, Volunteer Coordinator, Webmaster</p>

<p>Center for Social Advocacy</p>	<p>www.c4sa.org</p> <p>El Cajon Office (main office) Center for Social Advocacy 277 E. Lexington Ave., Suite A El Cajon, CA 92020 Phone: 619-444-5700 Toll Free: 1-800-954-0441 Fax: 619-444-5080</p> <p>San Diego Office Mid-City Family Resource Center 4275 El Cajon Blvd., Suite 101 San Diego, CA 92105 Phone: 619-283-9624 Fax: 619-641-7656</p>	<p>The Center for Social Advocacy is a 501(c)(3) incorporated nonprofit organization founded in 1969 and we are one of San Diego's oldest civil and human rights organizations. We have stood as advocates for fair housing and mediated tenant/landlord issues, and still do so today. Other issues the Center for Social Advocacy addresses include: hate crime prevention, civil rights of first generation immigrants, human trafficking, youth education, and voter education.</p>	<p>-Reception - screen and direct calls for fair housing, tenant/landlord mediation, shared housing, immigrant rights, and events.</p> <p>-Writing - research, interview and write stories for press releases, our newsletter and our website.</p> <p>-Graphic Design - create materials to promote our services to our clients, update literature, develop outreach fliers and direct mail items.</p> <p>-Website - implement new items and update existing material.</p> <p>-Make your own volunteer position.</p>
<p>Activist San Diego</p>	<p>www.activistsandeigo.org</p> <p>Activist San Diego 4246 Wightman St San Diego, CA 92105-2618 Phone: 619-528-8383 Email: Helpdesk@ActivistSanDiego.org</p>	<p>Activist San Diego is a social justice organization that promotes and facilitates the development of an active, inter-related, progressive community in San Diego through networking, culture and electronic technology.</p> <p>This website posts events and projects that deal with social justice.</p>	<p>Volunteers to help ASD will:</p> <ul style="list-style-type: none"> -Build a groundbreaking web-site - Build a new community FM Radio Station - Activist Films, events - Help us build ACTIVISM in SD
<p>Empower San Diego</p>	<p>www.empowersandiego.org</p> <p>5858 Mount Alifan Dr. Ste</p>	<p>EMPOWER SAN DIEGO advances progressive values and fosters local civil society</p>	<p>Internship Opportunities: Must check websites for current openings. To apply, email a resume and statement of interest to Emily Serafy Cox</p>

	<p>235 San Diego, CA 92111 Telephone: (619) 752-0576 Email: info@empowersandiego.org emily@empowersandiego.org</p>	<p>by promoting civic participation and facilitating collaboration among community-based organizations. To realize our mission, we use public dialogue, voter education, leadership development, and coalition building.</p>	<p>at emily@empowersandiego.org.</p> <p>Interns participate in skills-acquisition, leadership development, and civic engagement trainings, and work in the following collaborative teams:</p> <ul style="list-style-type: none"> • Advocacy & Organizing & Community Education • Translation & Bilingual Communications • Fundraising, Donor Development & Member Outreach • Local Government Watch, Media & Web communications <p>Volunteer Opportunities:</p> <p>Events Volunteer - Help Empower at our events</p> <p>Outreach Volunteer - Help Empower outreach at community events and street fairs</p> <p>Administrative Volunteer - Help Empower behind the scenes</p> <p>Design Volunteer - Help design Empower's outreach and educational materials</p>
<p>ACLU</p>	<p>www.aclusandiego.org ACLU of San Diego & Imperial Counties PO Box 87131 San Diego, CA 92138-7131 Phone: 619-232-2121</p>	<p>The ACLU is our nation's guardian of liberty, working daily in courts, legislatures and communities to defend and preserve the individual rights and liberties that the Constitution and laws of the United States guarantee everyone in this country.</p>	<p>Volunteer Opportunities are for those who have a more general interest in the ACLU's mission and mandate and have regular blocks of time available. Either mail-in a cover letter and resume or fill out a volunteer form that can be found on their website.</p> <p>Membership Action Squad if for those who don't have regular blocks of time available, but would still like to help. Apply online.</p>

			<p>Undergraduate Internship Opportunities include:</p> <p>Paralegal Interns (Part- Time) for graduates or students enrolled in a paralegal certification program</p> <p>Event Interns (Part- Time)</p> <p>Communications Interns (Part-Time)</p> <p>Policy Research Interns (Part-Time)</p> <p>Office Interns (Part-Time)</p> <p>Apply Online and call 619-232-2121 Ext. 240 for questions.</p>
<p>Amnesty International</p>	<p>AI Group 137 Hillcrest San Diego E-mail: Group137@amnestysd.org</p>	<p>Amnesty International specifically works for:</p> <ul style="list-style-type: none"> • the release of prisoners of conscience--men, women and children imprisoned for their beliefs, color, ethnic origin, gender, sexual orientation, language, or religion, provided they have neither used nor advocated violence; • fair and prompt trials for all political prisoners; • an end to torture, executions, political killings and "disappearances" in all cases. <p>Amnesty further investigates</p>	<p>Volunteer Opportunities:</p> <p>Help write letters on behalf of prisoners.</p> <p>Either e-mail the group or come to a meeting at Filter Coffee House, 4096 30th St (corner of 30th and Polk in North Park) on the 2nd and 4th Wednesday of each month at 7:00pm</p>

		and reports on all other violations of the rights mentioned in the United Nations Universal Declaration of Human Rights.	
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Media

Alternative Focus	<p>www.alternativefocus.org 3830 Valley Centre Dr. Suite 705-PMB741 San Diego, CA 92130 Telephone: 858-551-0191 Email: volunteers@alternativefocus.org</p>	<p>We are dedicated to offering the American public media that provides balance to existing coverage of Middle East and related issues.</p> <p>They produce documentaries and videos on Middle Eastern issues and other related issues. They donate alternative focus DVDs to libraries with help of volunteers as well as bringing their videos to local TV stations.</p>	<p>Volunteers give time to help with mailings, telephoning, fund-raising, databases, operating video cameras, audio work, music, voice-over, dubbing and duplicating etc.. If you are elsewhere and still want to help, you can raise money, find new videos for broadcast, etc.</p>
San Diego Independent Media Center	<p>www.sandiego.indymedia.org/ Telephone: 619-378-0946 (Voicemail) Email: imc-sd@lists.indymedia.org</p>	<p>Independent Media Source for San Diego</p>	<p>The best and most important way you can contribute to independent media in San Diego and surrounding regions in general and to San Diego Indymedia in particular is to become the media by writing stories, taking photographs, recording audio or video, or making art, and sharing these with your community and with folks in San Diego and elsewhere through the Indymedia Network. Your media might focus on your own experiences, those of your family, friends or community, or you might want to record or write about the events and activities of groups in San Diego and other places who are</p>

			working for a better world.
RadioActive San Diego	www.radioactiveradio.org / P.O. Box 4705 San Diego, Ca 92164 Phone: 619-269-4693 E-mail: us @ radioactiveradio.org	Radio Active San Diego (RASD) is a collective, non-hierarchical organization formed to pioneer a new internet radio station. We are building a model for the post-corporate, autonomous, community media of the future by offering revolutionary media production and distribution that creates positive social and economic change. RASD rejects the narrow formats of corporate-owned media and seeks to offer listeners a wide variety of styles and genres of media programming. We don't just report events, we participate in them. It is this, more than anything else that separates RASD from the mainstream media.	Volunteers can help by being a D.J., assisting with outreach, working on the website, putting together programming, or organizing benefit shows for radioActive

LGBT Issues

Gay Lesbian Straight Education Network	www.glsen.org/sandiegocounty GLSEN San Diego County P. O. Box 3084 San Diego, CA 92163 Telephone: 619-685-2872 Email: glsensd@yahoo.com	The Gay, Lesbian & Straight Education Network strives to assure that each member of every school community is valued and respected regardless of sexual orientation or gender identity/expression.	GLSEN San Diego County has numerous ways for you to become involved in creating safe schools for all. In addition to offering our general membership vounteer opportunities, we alco sponsor internships for college students. To find out how you can help, please contact us via e-mail at glsensd@yahoo.com or send mail. -Has been contacted but response has yet to be received.
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<p>The Empowering Spirits Foundation</p>	<p>www.empoweringspirits.org 3535 Lebon Drive, Suite 5211 San Diego, CA 92122 Telephone: 858-523-8201</p>	<p>Through service-oriented activities designed to foster non-confrontational dialogue with our non-LGBT neighbors, ESF strives to dispel the negative stereotypes of the LGBT community and realize a society that achieves fundamental fairness and equality for all.</p>	<p>Must check on website for current volunteer events and opportunities.</p>
<p>Human Rights Campaign</p>	<p>www.sandiego.hrc.org Email: hrcsandiego@gmail.com or contact through website</p>	<p>As the largest national lesbian, gay, bisexual and transgender civil rights organization, HRC envisions an America where LGBT people are ensured of their basic equal rights, and can be open, honest and safe at home, at work and in the community.</p>	<p>When you volunteer with HRC, you help:</p> <ul style="list-style-type: none"> -educate the public about critical issues, -mobilize your community to take action, -expand the voice and visibility of the LGBT community, -help to change hearts and minds, and -bolster a nationwide effort to end hate and discrimination.

<p>Gay and Lesbian Alliance Against Defamation</p>	<p>http://www.glaad.org 5455 Wilshire Blvd, #1500 Los Angeles, CA 90036 W: (323) 933-2240 F: (323) 933-2241</p> <p>info@glaad.org volunteers@glaad.org.</p>	<p>The Gay & Lesbian Alliance Against Defamation (GLAAD) amplifies the voice of the LGBT community by empowering real people to share their stories, holding the media accountable for the words and images they present, and helping grassroots organizations communicate effectively. By ensuring that the stories of LGBT people are heard through the media, GLAAD promotes understanding, increases acceptance, and advances equality.</p>	<p>GLAAD's singular focus is media. Volunteer with GLAAD if you believe in the power of the media to shape and direct popular opinion about LGBT people. Volunteer with GLAAD if you think the media has an obligation to cover LGBT issues in fair, accurate and inclusive ways. Volunteer with GLAAD if you want to help change hearts and minds.</p> <p>We match you with a project that fits your available time, your interests and sometimes your experience. No matter how much or how little time you have to give, GLAAD has something for you.</p>
<p>SAME (Marriage Equality)</p>	<p>www.marriageequality.org 4096 Piedmont Ave Suite # 257 Oakland, CA 94611</p> <p>Phone:(510) 496-2700 Fax: (510) 380-5200</p> <p>Email: info@marriageequality.org</p>	<p>Marriage Equality USA, is an all-volunteer, national non-profit organization whose mission is to secure legally recognized civil marriage equality for all, at the federal and state level, without regard to gender identity or sexual orientation.</p>	<p>: Web Content Editors (National) Assist the webteam in editing and creating the content for the MEUSA site. Looking for individuals that have good copy and graphic skills, are familiar with HTML code and are well versed in grammar and technical writing skills. If this is you and sounds like something you'd be interested in, please email dave@marriageequality.org .</p> <p>Graphic Designers (National) Assist the webteam and media teams with creating graphics and design interfaces for print and online media presence. Looking for individuals with great graphic skills, are familiar with Adobe & Microsoft suite of products to assist in document design preparations. If this is you and sounds like something you'd be interested in, please email dave@marriageequality.org.</p> <p>Newsletter Editor (National) Oversee the production of the monthly Marriage Equality USA Newsletter (The M Word). Looking</p>

			<p>for individuals that like to put together storylines, layouts, and the overall look and feel of a monthly newsletter. Applicants should have excellent copy and graphic skills, the ability to meet deadlines, and the flexibility to work with volunteer content writers. If this is you and sounds like something you'd be interested in, please email dave@marriageequality.org.</p> <p>Newsletter Copy Writers (National) Assist in the production of the monthly Marriage Equality USA Newsletter (The M Word). Looking for individuals to write copy, create stories, and conduct interviews. Applicants should have excellent copy and creative writing abilities, the ability to meet deadlines, and the ability to work in a team environment. If this is you and sounds like something you'd be interested in, please email dave@marriageequality.org.</p> <p>Social Media Team - (National and Local) Calling all Facebook and social media fanatics - we need volunteers to work with MEUSA's Social Media Director to do online research for Chapter areas, post to local Facebook pages, track and post on local lgbtqi and allied organizations. Maintaining local Chapter Facebook and Chapter pages for local MEUSA leadership. Experience is desirable but Social Media Team volunteers will learn about online research, messaging techniques, social networking to build constituencies and online fundraising. Commitment: 2 + hours per week average and ability to commit to the project for at least one year. If interested please email webteam@marriageequality.org</p> <p>Supplies (National) Order, store and ship supplies (banners, posters, brochures, etc.) to all volunteer leaders as needed. Must have a secure, dry space to store supplies and shipping materials. All shipping is done via the MEUSA UPS account. Must be computer literate and highly organized. Good opportunity for someone who likes to work alone. This position requires a minimum of a 1 year commitment - this work is crucial to the organization. This is an</p>
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			excellent volunteer opportunity for someone who is not employed full-time. If interested, contact Christine at callen@marriageequality.org .
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Help for children and underprivileged people

A Reason to Survive	www.artsurvive.org 2820 Roosevelt Road, Suite 106 San Diego, CA 92106 Telephone: (619) 297-ARTS (2787) Fax: (866) 246-5811	ARTS is dedicated to healing, inspiring and empowering children facing life challenges by providing innovative arts-based programs, education and employment opportunities.	Background Checks Required. Internship Opportunities: Interns are required to participate in meetings, workshops, training opportunities, fundraisers and other ARTS activities outside of their assignments. For more information on intern positions and availability please email hdarrigo@AReasonToSurvive.org For descriptions on Marketing/PR, Programs, Special Events, Office Administration Internships check website. Volunteer Opportunities: -Artist Mentor (6 Month Commitment) -Special Events (Community Events/Fundraisers) -Graphic Design -Marketing/PR -Program Coordination/Planning -Administration/Office Support -Community Outreach (Recruitment) -Organizational Relations
Big Brothers Big Sisters of San Diego County	www.sdbigs.org 8515 Arjons Drive, Ste. A San Diego, CA 92126 Telephone: 858-536-4900	To improve the lives of children by creating and supporting one-to-one mentoring relationships with proven results.	Background Checks Required. -Community-Based Mentoring: Minimum of 1 year commitment: 2-5 hours 2-4 times a week - School or Site- Based Mentoring: Meet once a week for one hour on school property - Amachi Program: Bigs to children with parents in prison - Sports Bigs: Spend time doing sports-centered activities twice a

	Fax: 858-536-8255		month - Hispanic Mentoring Model: Spanish Speakers
San Diego Youth Services	www.sdyouthservices.org 3255 Wing Street San Diego, CA 92110 Telephone: (619) 221-8600 Email: Robert Hodges at rhodges@sdyouthservices.org	Our Mission is to help at-risk youth and their families become self-sufficient and reach their highest potential.	<p>To Become a Volunteer:</p> <p>Apply Online</p> <p>Assignment Appointment: An appointment for assignment will be arranged with the Volunteer Coordinator. Placement at one of our many centers is based on your available time, interests, and strengths</p> <p>Clearance: References are checked, fingerprints, drug test, and a TB test are done</p> <p>Volunteer and Training: Start to volunteer and take advantage of special training offered to volunteers</p> <p>Volunteer Opportunities: Work with adopted youth and groups, Foster care & family support, Group and one-on-one mentoring, Outreach to homeless youth, Volunteer at teen homeless shelter, Teen center activities, Work with pregnant and parenting teens, Teen substance abuse recovery programs, Administrative and donor development assignments, Community service</p> <p>Special Project Opportunities as well.</p>
Invisible Youth Network	www.invisibleyouthnetwork.net Russell T. Hartsaw Founder & Chairman 940 Park Boulevard, Suite #334 San Diego, California 92101	Our influence is felt every day in cities all across America. Our mission is carried out through both partner organizations and volunteers who take to the streets to find, stabilize and otherwise help homeless youth to improve their quality of life. Our focus reaches past the	Board of Advisors, Board of Directors, Camp-Edge Project Manager, Child Abuse Services, Community Development, Community Organizers, Mentors & Peer Mentors, Public Relations, Street Outreach Team

	<p>Telephone: 619-272-9040</p> <p>Email: invisibleyouth@gmail.com</p>	<p>streets and lends itself to deterrence, research, resources, seminars, training and workshops that are provided to the communities and via the Internet. Despite our motto Advocating for America's Youth, our endeavors are focused on all homeless youth with no regard to their geographic location.</p>	
San Diego Coalition for the Homeless	<p>http://echo.bluehornet.com/clients/sdhomeless/about.htm 4101 University Avenue San Diego, California 92105 Telephone: 619-281-1815 or 619-281-1543 Fax: 619-281-4561</p>	<p>The San Diego Coalition for the Homeless is a non-profit charitable corporation, which provides hope and help to needy families and individuals in our city. Dedicated San Diegans from all walks of life volunteer their time to help the homeless and employment, permanent housing, and a productive place in society.</p>	<p>Volunteers will engage in the following: Feeding the Hungry, Distribution of Clothing, Shoes, & Blanket, Providing Non-perishable Food & Goods, Providing Baby Formula & Diapers, Providing Feminine Napkins, Medical Services, Legal Advice and Assistance, Emergency Shelter and Transportation, Self-help Counseling, Job Placement, Thanksgiving Dinner on the Street, Christmas Party for Homeless Children, Probationers Community Service</p>
San Diego Food Not Bombs	<p>http://sdfnb.org/ Telephone: (619) 573-6743 (Voicemail) http://www.myspace.com/sandiegofoodnotbombs http://www.facebook.com/food.not.bombs</p>	<p>Food Not Bombs is an all volunteer non-profit organization. We are dedicated to providing free food to the hungry. Food Not Bombs has no formal leaders and strives to include everyone in its decision making process.</p>	<p>Check Website, Myspace or Facebook for upcoming volunteer opportunities.</p>
Rebuilding Together	<p>http://www.rebuildingtogether.org/index.html 2013 Franklin Avenue San Diego, CA 92113 Telephone: (619) 231-</p>	<p>Bringing volunteers and communities together to improve the homes and lives of homeowners in need.</p>	<p>Apply Online</p> <p>House Captain: Must have experience in construction or home renovation. Oversees one project from start to finish as team leader.</p>

	<p>RTSD (7873) Fax: 619 231-7870 E-mail: rtsd@RebuildingTogether SD.org</p>		<p>Including project site visits, determines scope of work plan and budget, assists to obtain in-kind donations of materials/supplies and skilled labor, directs volunteers. Time commitment averages 40-60 hours.</p> <p>Volunteer Coordinator: Is the point person for the volunteers/employees of the sponsor. He/she recruits and organizes the volunteer workforce for the assigned project. Serves as liaison with the homeowner. Time commitment ranges from 20-40 hours.</p> <p>Skilled Volunteer: Experienced building tradesmen or handy person. We welcome the assistance from Plumbers, Carpenters, Landscapers, Drywallers, Carpet & Floor Layers, Electricians, Glaziers, Pest Controllers, etc. Time commitment is 8-16 hours, depending on project undertaking.</p> <p>General Volunteers: Are the bulk of our workforce. Corporate sponsors usually recruit volunteers from within their employee base for their project. Outside volunteers are called upon when extra help is needed or when we have an open project that requires large-scale volunteer participation. Back-up crews: before and after events are always needed, as well as roving crews during an event.</p> <p>Scope of work: Painting, cleaning, landscaping, power washing, etc. Requirements include: energy, enthusiasm, willingness to tackle any task and a big heart and happy smile on your face. Time commitment is 8-10 hours, depending on project undertaking.</p> <p>Safe at Home Program: Our year round minor home repair program can always utilize the assistance from individuals who have handyman skills and are willing to tackle “honey-do” lists for those in need. Time commitment is 2-6 hours per month.</p>
<p>Escuelas para Chiapas / Schools for Chiapas</p>	<p>http://www.schoolsforchiapas.org/english.html</p> <p>1631 Dale Street, San Diego, CA 92102 USA</p> <p>(619) 232-2841</p>	<p>Schools for Chiapas supports the autonomous, indigenous communities of Chiapas, Mexico in their efforts to create a just, democratic, and dignified education including autonomous schools,</p>	<p>Individuals wishing to volunteer in Chiapas must first attend regularly scheduled Schools for Chiapas delegation. These delegations provide a structured and comprehensive overview of the Zapatista movement and to indigenous realities in Chiapas. We also urge those wishing to volunteer in Chiapas to begin with volunteer activities in their homes. Please note that there are very few teaching opportunities for individuals who do not speak one of</p>

		<p>community health trainings, ecological agricultural studies, and alternative market development. In the face of corporate globalization, we join the Zapatistas and others in the effort to build capacity and skills for healthy, sustainable, and self-reliant communities. We join people of conscience everywhere in promoting alternative models of education and action that challenge and resist environmental degradation and human exploitation.</p>	<p>the six Mayan languages of Chiapas; most teaching positions are filled by volunteers from the indigenous communities of Chiapas. Others have helped by organizing and fundraising for the cause.</p>
<p>Interfaith Shelter Network</p>	<p>www.interfaithshelter.org</p> <p>3530 Camino del Rio North, Suite 301 San Diego, CA 92108</p> <p>Phone: (619) 702-5399</p> <p>volunteer@interfaithshelter.org</p>	<p>Their mission is to coordinate the efforts of participating congregations, social service agencies, and governmental programs in order to provide shelter and other resources to homeless individuals and families and enable those we serve to move toward self-sufficiency while respecting their dignity as children of God.</p>	<p>Volunteer for the Rotational Shelter Program <u>Volunteer in the shelter</u></p> <p>Most congregations recruit volunteers from within their community, but few turn away willing hands. If your congregation is not part of the Network we'll try to put you in touch with a "Host" Congregation near you.</p> <p><u>Workshop Presenters</u></p> <p>The Network provides workshops to our homeless guest on career planning and on budgeting. Often, these volunteer presenters are in the Human Relations or Financial fields, but that is not a requirement.</p> <p><u>Office Help</u></p> <p>On occasion, we need assistance with basic office tasks or Mailings</p>

			<p>(labeling, stuffing and sorting); compilation of volunteer packets (involves copying & sorting; Typing); some data entry in computer (instruction/supervision provided); occasional assistance with phones. Familiarity with IBM compatible PC's on a Windows platform would be helpful, but not necessary.</p> <p>Volunteer for El Nido</p> <p>As this is a domestic violence safe harbor program, volunteers must be carefully screened. Help is sometimes needed for respite child care, seasonal events, tutoring (both adults and children), donation pick-up, and transportation, to name a few.</p> <p>Volunteer by filling out an online form</p>
<p>San Diego Youth and Community Services</p>	<p>www.sdyouthservices.org</p> <p>San Diego Youth Services 3255 Wing Street San Diego, CA 92110</p> <p>Phone: (619) 221-8600</p> <p>Volunteer Services: Robert Hodges rhodges@sdyouthservices.org</p>	<p>The mission of the San Diego Youth and Community Services is to help at-risk youth and their families become self-sufficient and reach their highest potential.</p>	<p>Volunteer Opportunities</p> <ul style="list-style-type: none"> • Work with adopted youth and groups • Foster care & family support • Group and one-on-one mentoring • Outreach to homeless youth • Volunteer at teen homeless shelter • Teen center activities • Work with pregnant and parenting teens • Teen substance abuse recovery programs • Administrative and donor development assignments • Community service • And many more! <p>Special Projects</p> <ul style="list-style-type: none"> • Sponsor a field trip for youth to a museum, the beach, a ballgame, etc. • Repaint, landscape, and improve upon agency facilities • Come up with your own creative ideas for a special project

			<ul style="list-style-type: none"> Bake delicious goodies as a special treat or sponsor a party
Senior Community Centers	<p>www.servingseniors.org</p> <p>525 14th Street, Suite 200 San Diego, CA 92101</p> <p>Phone (619) 235-6572</p> <p>Fax (619) 235-9829 <i>Administrative Office</i></p> <p>Email info@servingseniors.org</p>	End senior poverty and hunger through innovative solutions.	<p>Volunteer by filling out a form online</p> <p>Spend time with needy seniors. If you have questions or would like more information about volunteering please contact Jared McCannell, Volunteer/Civic Engagement Coordinator, at (619) 487-0743 or jared.mccannell@servingseniors.org.</p>
StandUp For Kids	<p>www.standupforkids.org/</p> <p>Email: SanDiego@standupforkids.org</p>	The mission of StandUp For Kids is to help homeless and street kids.	<p>: To work directly with homeless youth, volunteers must be at least 18 years of age, consent to a criminal background investigation (\$15 processing fee), and be able to provide 3 character references.</p> <p>For volunteers who want to work strictly "behind the scenes," a background check is not required (except for Executive Directors).</p> <p>Volunteers who are between 16-18 years of age may volunteer with the program only with signed parental consent, a background investigation, and 3 character/ leadership references; this may not apply to street outreach or outreach center counselors (at the discretion of each program's leadership committee).</p> <p>Fill out an online application</p>

Immigration, Refugee and Border Issues

<p>Border Meetup Group</p>	<p>www.bordermeetup.org/ E-mail: Dan Watman at bordermeetup@gmail.com</p>	<p>The Border Meetup Group activities consist of events in which people from both sides of the border meet through the border fence on the beach or at Friendship Park at the San Diego/Tijuana border. Over the past four years we have arranged several events.</p>	<p>For all Border Meetups we meet in Mexico and the US simultaneously through the border fence. On the US side, we convene at Border Field State Park. For a Pre-Meetings we meet at Mango Manilla smoothie shop: 2036 Dairy Mart Rd, San Ysidro, CA . This gives us the fun option of all riding out together, allows for carpooling, and is close to public trans. We usually meet at the smoothie shop 1 to 1.5 hrs before the event starts (depending on park/walking status). It's located about 5 miles from the bi-national friendship area and is about a 10 min walk from the Iris Ave trolley station.</p>
<p>Casa Familiar</p>	<p>www.casafamiliar.org 119 West Hall Avenue, San Ysidro, CA 92173 Telephone:(619) 428-1115 E-mail: info@casafamiliar.org</p>	<p>Casa Familiar is a widely recognized authority when it comes to understanding the unique challenges faced by border communities. We respond to what is known to be a multidimensional concern with an appropriately holistic approach—We offer over fifty programs spanning the program areas of Human Services, Community Development, Recreation Services, Technology, Arts and Culture, and Education.</p>	<p>As you can see, we have volunteer opportunities to match all categories of interests and available time commitments. In interning or volunteering with Casa Familiar, you will have the flexibility to draw upon your personal strengths to enhance existing programs, or possibly to carry out your own specialized project.</p> <ul style="list-style-type: none"> -Teaching children basic computer skills in our “Clase Mágica” -Drawing from professional skills to create an enhanced agency marketing plan -Providing administrative support for our Social Services program -Creating the Casa Familiar web site -Sharing professional expertise at special topic

			<p>community workshops</p> <p>-Serving dinners at our charitable Thanksgiving event</p> <p>-Working at our Holiday Toy Party for low-income families</p>
<p>Alliance for African Assistance</p>	<p>http://www.alliance-for-africa.org/ 5952 El Cajon Blvd San Diego, CA 92115 Telephone: (619)286-9052 Fax: (619)286-9053</p>	<p>Guided by Christian values, our mission is to assist refugees, immigrants, the economically challenged, and underserved to become self-sufficient productive members of their communities.</p>	<p>Mentor a refugee family, Market AAA's programs and services to businesses and individuals in the community, Assist office staff with data and file management, Connect Burmese refugees with resources and services in their community, Collect demographic data to help advocate for the rights of newly established populations, Provide medical and/or translation services for the Alliance Health Clinic, Help refugee youth learn the basics of Financial Literacy.</p>
<p>International Rescue Committee</p>	<p>http://www.theirc.org/us-program/us-san-diego-ca 5348 University Ave San Diego, CA 92105 Telephone: (619) 641-7510 Email: VolunteerSD@theIRC.org</p>	<p>The International Rescue Committee responds to the world's worst humanitarian crises and helps people to survive and rebuild their lives. Founded in 1933 at the request of Albert Einstein, the IRC offers lifesaving care and life-changing assistance to refugees forced to flee from war or disaster.</p>	<p>Volunteers work closely with IRC staff members to: Tutor refugees in basic English skills, Help refugees write resumes and prepare for job interviews, Contact potential employers on behalf of refugees, Assist IRC staff with cultural orientations, Accompany refugees to various appointments, Pick up donated furniture and goods and deliver them to refugees' new homes, Provide basic office support, Help staff write grants and maintain a grants database, Help staff with media relations and publications such as newsletters, brochures and annual reports, Mentor refugee families or individuals</p> <p>We look for volunteers with: Excellent communication and interpersonal skills, Flexibility, patience and the ability to work in a multi-cultural environment, The</p>

			<p>ability to work well in team as well as independently</p> <p>Helpful, but not essential: Prior experience working with refugees, asylees or immigrants, Fluency in another language (French, Arabic, Somali, Vietnamese, Bosnian, Russian, etc.)</p>
<p>Support Committee for Maquiladora Workers</p>	<p>www.enchantedwebsites.com/maquiladora/</p> <p>Craftsmen Hall 3909 Centre St. #210 San Diego, CA 92103</p> <p>Tel: (619) 542-0826 Fax: (619) 295-5879</p> <p>Email: scmw@juno.com</p>	<p>The Support Committee for Maquiladora Workers (SCMW), based in San Diego, California, generates the cross-border support and global links that are essential to advance the rights of workers in the rapidly-growing, mostly U.S.-based assembly plants in the Tijuana/Tecate region of Mexico.</p>	<p>Volunteers in San Diego are needed to assist with monthly tours, documenting health and safety problems, compiling educational material, speaking engagements, data base entries, phone banking, mailings, and all other aspects of Committee endeavor. Please phone, write or email for more information or to volunteer.</p>

Advocating Peace and Veteran Issues

<p>Peace Resource Center of San Diego</p>	<p>www.prcsd.org 3850 Westgate Place San Diego, California 92105 Telephone: 619-263-9301 Fax: 619-263-9345 E-mail: prcsandiego@igc.org</p>	<p>The PRC is a membership organization and community clearinghouse of information on peace and social justice issues and activities. Through our active programs and by promoting networking among peace-related organizations, offering nonviolent alternatives to conflict resolution and carrying on a program of peace education, we provide an ongoing presence throughout San Diego County.</p>	<p>Our dedicated volunteers assist in many ways, including participation on our Board of Directors, office support, help with mailings, helping with our literature and sales tables at events, participating in organizing activities and serve on program committees. Volunteers are also playing a vital role in helping to build our new facility, The Friends Center.</p>
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<p>Project on Youth & Non-Military Opportunities (YANO)</p>	<p>http://www.projectyano.org P.O. Box 230157 Encinitas California 92023 Phone: 760-634-3604</p>	<p>Project YANO is a 501(c)(3) nonprofit community organization that provides young people with an alternative point of view about military enlistment. Many of our members are armed forces veterans who believe that high school students are getting a distorted picture of the military and war from recruiting ads and marketing. In particular, we are concerned that many low-income students and students of color are being diverted away from higher education and into the military, where they are found in disproportionate numbers.</p>	<p>Organizational: -Attend monthly organizational meetings -Help organize fundraising events -Write thank you notes -Help with bulk mailings -Help with filing -Staff tables at street fairs Youth Outreach/Education: -Staff table displays at school career fairs (usually weekdays, 7 a.m.-2 p.m. time frame, around S.D. County). All interested volunteers are considered for this; military veterans, people of color and women are especially needed. -Help with first-class mailings to teachers, counselors, etc. -Help create/write/edit literature -Help update directories of youth employment and community service programs -Deliver literature/posters to school career centers (weekdays, 7 a.m.-2 p.m. time frame, around S.D. County). -Phone school career centers to collect information about possible career fairs (weekdays, 7 a.m.-2 p.m. time frame). Can be done from one's home</p>
<p>Freedom is Not Free</p>	<p>11578 Sorrento Valley Rd, Suite 30 San Diego, CA 92121 Telephone: 858-847-9999 Fax: 858-793-5357 Email: info@FreedomIsNotFree.com.</p>	<p>FREEDOM IS NOT FREE, a California based 501(c) 3 non-profit organization, is proud to serve the brave men and women of the military and their families. Since its establishment in 2005, FREEDOM IS NOT FREE has raised funds to serve, support,</p>	<p>To become an intern or volunteer with freedom is not free email your contact information and a resume to info@freedomisnotfree.com -Have been contacted but response has yet to be received</p>

		<p>and increase awareness with the aim of easing our heroes' and their families' burdens. We have assisted with travel expenses for families of fallen heroes; purchased "burn-beds" for road side bomb victims; helped to refurbish the Wounded Warrior Barracks at Camp Pendleton, CA;arranged the venue and accommodations for a surviving spouse conference; allocated funds for the purchase of equipment to convert conventional clothing into burn victim "tear-aways"; provided logistical assistance and funding for the renovation of a brain trauma center on Camp Pendleton; and provided funds for living expenses for recovering warriors and their families facing extreme financial hardship. Aiding Wounded Troops, their Families and the Families of the Fatally Wounded</p>	
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Disaster Relief

<p>International Relief Teams</p>	<p>www.irteams.org 4560 Alvarado Canyon Road Suite 2G San Diego, CA 92120-4309 Telephone: 619-284-7979 Fax: 619-284-7938 Email: info@irteams.org</p>	<p>International Relief Teams is a non-profit, international relief organization dedicated to organizing volunteer teams to provide medical and non-medical assistance to the victims of disaster and profound poverty worldwide.</p>	<p>Apply Online This organization's biggest volunteer opportunities involve being sent to areas recently affected by disasters.</p> <p><u>Speakers:</u> Promote International Relief Teams by speaking to churches, business groups and professional organizations (e.g. Rotary, Kiwanis) in your area. International Relief Teams will provide the appropriate visual aids and promotional materials.</p> <p><u>Speaker Coordinators:</u> Contact churches, business groups and professional organizations in your area to schedule engagements for volunteer speakers.</p> <p><u>Special Event Volunteers:</u> Serve on committees for fundraising events/annual banquets. Various talents and skills are needed.</p> <p><u>Gifts-In-Kind Coordinators/Representatives:</u> Contact hospitals, pharmacies, and pharmaceutical companies in your area for needed donations.</p> <p><u>Grant Researchers and Writers:</u> Research and contact charitable foundations; write and submit grant proposals.</p> <p><u>Office Volunteers:</u> Assist in the office according to your skills and the amount of time you can spare. Some examples of the type of work available are: reception, mailing, writing and assembling team manuals, inventorying donated medical supplies, and data entry.</p> <p><u>Team Recruiters:</u> Help recruit medical and non-medical volunteers from your area.</p>
<p>American Redcross San Diego</p>	<p>www.sdarc.org Chapter Headquarters American Red Cross San Diego/Imperial</p>	<p>The vision of the American Red Cross - San Diego/Imperial Counties is to become America's most</p>	<p>Many available opportunities can be found online: http://www.sdarc.org/Volunteer/VolunteerOpportunities/tabid/71/Default.aspx Opportunities are in the following areas: Administration, Development & Communities, Health & Safety, Logistics, Services to the Armed Forces, Special Events, Youth Services and Disaster Services</p>

	<p>Counties Chapter 3950 Calle Fortunada San Diego, CA 92123 Telephone: 858-309-1200 Fax: 858-309-1282 Email: info@sduarc.org</p>	<p>prepared community. We serve to relieve human suffering by preventing, preparing for, and responding to emergencies.</p>	
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Environment

<p>Food Not Lawns</p>	<p>www.sdfoodnotlawns.com Telephone: (619) 630-5897</p>	<p>San Diego Food Not Lawns is a non profit organization dedicated to addressing the problems in the local food system by improving access to healthy, local, seasonal produce for all people. Food Not Lawns also conducts workshops, presentations and conferences throughout the year to raise awareness of the problems facing our food system, the benefits of growing edibles rather than lawns and strategies for preserving and creating more of our own healthy food in a sustainable fashion.</p>	<p>They are always looking for people to get involved. To do so, go to their website and check the calendar for the next upcoming potluck where you can meet those involved and learn more about it.</p>
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<p>Environmental Health Coalition</p>	<p>www.environmentalhealth.org</p> <p>2727 Hoover Ave., Suite 202 National City, CA 91950 Telephone: 619-474-0220 Fax: 619-474-1210</p> <p>Email: ehc@environmentalhealth.org</p>	<p>EHC is dedicated to achieving environmental and social justice. We believe that justice is accomplished by empowered communities acting together to make social change. We organize and advocate to protect public health and the environment threatened by toxic pollution. EHC supports broad efforts that create a just society which foster a healthy and sustainable quality of life.</p> <p>Provides Action Alerts that let people know about environmental problems and helps provide them the opportunity to politically take action by either supporting causes with their signatures or going to meetings to advocate for issues.</p>	<p>- Have been contacted but a response has yet to be received.</p>
<p>California Wolf Center</p>	<p>PO Box 1389 Julian, CA 92036 Telephone: 619-234-WOLF</p>	<p>The California Wolf Center is a 501(c)(3) non-profit wildlife education center committed to increasing public awareness and</p>	<p>Volunteering may involve administrative work, facilities maintenance and improvement, education, development (memberships, fundraising, marketing), and/ or animal care. Obtain the application from online and either e-mail (erin@californiawolfcenter.org), fax (760-888-0333), or mail (California Wolf Center, Attn: Internship Program, PO Box 1389, Julian,</p>

	<p>(9653) or 760-765-0030</p> <p>Fax: 760-888-0333</p> <p>E-mail: info@californiawolfcenter.org</p>	<p>understanding of the importance of all wildlife by focusing on the history, biology, behavior, and ecology of the gray wolf (<i>Canis lupus</i>). This is accomplished by offering engaging educational presentations, participating in conservations programs, and hosting and funding research on both captive and free-ranging wolves.</p>	<p>CA 92036) it in.</p>
<p>Anza Borrego Foundation</p>	<p>http://theabf.org/</p> <p>Mailing Address: P.O. Box 2001 Borrego Springs, CA 92004</p> <p>Physical Address: 587 Palm Canyon Drive, Suites 110 & 111 Borrego Springs, CA 92004</p> <p>Foundation: (760) 767-0446 Institute: (760) 767-4063</p> <p>Fax: (760) 767-0465</p> <p>Email: Foundation: info@theabf.org Institute: institute@theabf.org</p>	<p>Anza-Borrego Foundation's mission is to protect and preserve the natural landscapes, wildlife habitat, and cultural heritage of Anza-Borrego Desert State Park for the benefit and enjoyment of present and future generations.</p>	<p>Volunteer Program Hosts provide support for our educational programs--checking people in, carrying the first aid kit and park radio in the field, collecting evaluations, and anything else the instructor needs in the way of assistance. Program Hosts must attend a training held once a year (this year it is on November 17). The contact for this is Joan Carskaddan, 760-767-4063.</p> <p>This year we are looking for many volunteers to help get rid of Sahara Mustard, an invasive weed that threatens spring wildflowers in Anza-Borrego Desert State Park and the community of Borrego Springs. Most of this work will be in the winter months--January, early February, and perhaps December. The contact for this is Briana Ross, 760-767-4063 or 760-767-0446.</p> <p>We also have occasional need for volunteers to help in our offices, and utilize volunteers with specialized knowledge and skills as instructors for some of our field programs and classes.</p>

<p>I Love A Clean San Diego</p>	<p>www.ilacsd.org</p> <p>2508 Historic Decatur Road Suite 150 San Diego, CA 92106</p> <p>Main Phone: (619) 291-0103 Fax: (619) 298-1314</p>	<p>Through outreach, community involvement and example, I Love A Clean San Diego leads and educates our community to actively conserve and enhance the environment.</p>	<p>To volunteer check the online calendar for cleanups you can join.</p>
<p>San Diego CoastKeeper</p>	<p>www.sdcoastkeeper.org/</p> <p>San Diego Coastkeeper 2825 Dewey Road, Suite 200 San Diego, CA 92106</p> <p>Phone: 619-758-7743 Fax: 619-224-4638</p> <p>Dylan Edwards, Volunteer Coordinator: Ext. 131 email: dylan@sdcoastkeeper.org</p>	<p>San Diego Coastkeeper protects the region's inland and coastal waters for the communities and wildlife that depend on them by blending education, community empowerment and advocacy</p>	<p>Please join us at anytime for our beach cleanups. There's no need to apply to participate (but remember to download and complete the liability waiver). You can also help gather water samples and data for our Water Quality Monitoring program. We host how-to trainings every other month.</p> <p>You can find the next beach cleanup location and water quality monitoring training on the event calendar</p> <p>Or the Volunteer Core: San Diego Coastkeeper's Volunteer Core is a dedicated and trained group of volunteers with varied skills and backgrounds who aid in our efforts to accomplish our mission.</p> <p>Apply to become a Volunteer Core member and dedicate yourself to clean water, conservation and advocacy for at least six months. We conduct a six-week training to arm you with intimate knowledge about Coastkeeper's work and the state of San Diego's coast. And then you get to lead the battle to protect San Diego's environment.</p>
<p>San Diego Earth Works</p>	<p>www.earthdayweb.org</p> <p>PO Box 9827 San Diego, CA 92169</p> <p>Phone:(858) 272-7370 Fax:(858) 272-2933</p>	<p>San Diego EarthWorks is a committed network of volunteers in service for a healthy, prosperous and sustainable future for all living things.</p>	<p>San Diego EarthWorks is About Volunteering : All San Diego EarthWorks events are planned and put on by volunteers (we have exactly one paid staff member!). Our events are an expression of the commitment of the citizens of San Diego – folks just like you – to a clean, healthy, prosperous future.</p> <p>What's Your Idea?: Every EarthWorks project has come about because some individual had an idea, something they were passionate</p>

	Email: info09@earthdayweb.org		<p>about, committed to make happen, and were willing to provide leadership. With the addition of EarthWorks resources – manpower, contacts, logistical and administrative support -- many projects that would not have otherwise happened have come to fruition.</p> <p>What You Can Expect From Volunteering: Excitement. Confusion. Contribution. Inspiration. New friends. Hard work. The knowledge that you have made a difference for San Diego's future. And one other thing – FUN!</p>
San Diego Oceans Foundation	<p>www.sdoceans.org</p> <p>San Diego Oceans Foundation 1875 Quivira Way, C-5 San Diego, CA 92109</p> <p>Phone: (619) 523-1903 Fax: (619) 523-1979</p> <p>Email: info@sdoceans.org</p>	The mission of the San Diego Oceans Foundation is to promote ocean stewardship by leading community-supported projects that enhance the ocean habitat and encourage sustainable use of the oceans resources.	We are dedicated to providing quality programs to promote ocean stewardship in San Diego. SDOF offers YOU the opportunity to get involved in ocean conservation and education through hands-on projects that are fun for all ages. Our programs are designed to be educational, flexible, and produce results... with minimal volunteer training. Fill out an Online form.
San Dieguito River Valley Land Conservancy	<p>www.sdrvc.org</p> <p>San Dieguito River Valley Conservancy 3030 Bunker Hill Street, Ste 307C San Diego, CA 92109</p> <p>Phone: (858) 755-6956 Fax: (858) 356-4222</p>	The San Dieguito River Valley Conservancy works as a catalyst for the establishment of a permanent open space corridor in the San Dieguito River Valley, which will: Maintain the natural and rural character of the valley, Preserve and enhance natural and historical resource, Locate and establish recreational	<p>Habitat Restoration: We host monthly habitat restoration work events in the San Dieguito Lagoon and the surrounding upland areas in the western end of the River Park. This type of work consists of removing non-native plants, site preparation, planting natives or caring for newly established vegetation.</p> <p>Work with the Rangers: The San Dieguito River Park rangers need volunteers to help with habitat restoration, trail maintenance, construction of new trails and other projects.</p> <p>Friends of Gonzales Canyon: This Friends group was established through the Sierra Club's Canyons Campaign in 2006 and is helping to maintain the canyon by removing non-native vegetation and</p>

		activities appropriately, Provide a river-long system of trails to connect recreational and educational opportunities.	improving trails. Friends of the San Dieguito River Valley: The Friends of SDRV is a citizens group actively advocating for the preservation of the land within the San Dieguito River Valley system. The Friends are especially active in defending the San Dieguito Lagoon ecosystem. Also need volunteers to assist with office tasks such as graphic design, mailings, archiving and other projects.
Surfrider Foundation San Diego Chapter	www.surfridersd.org/ PO Box 1511 Solana Beach, CA 92075 Phone: (858) 792-9940 Fax: (858) 755-5627 Email: info@surfridersd.org	The Surfrider Foundation is a non-profit environmental organization dedicated to the protection and enjoyment of the world's oceans, waves and beaches for all people, through conservation, activism, research and education.	There are many different ways to get involved, and just as many different tasks that need to be done here at Surfrider. Depending on what you're interested in, or what you have talents for, we have a job for you. If you have any special skills, let us know. If you have the interest but not the experience, be sure to attend one of our Core Volunteer Orientations. Apply online.
Zero Waste San Diego	www.zerowastesandiego.org/ Email: contact@zerowastesandiego.org	Zero Waste San Diego's mission is to create, promote and implement programs that maximize management and conservation of resources, reduce greenhouse gas emissions that contribute to global warming, and persuade citizens, businesses, and governments in the San Diego County region to adopt a zero waste	Zero Waste San Diego (ZWSD) is a really new "non-profit" organization and relies on volunteers to create and implement programs. If you are interested in volunteering with ZWSD here are some programs we need assistance with. If you are interested please contact us at contact@zerowastesandiego.org <ol style="list-style-type: none"> 1. Web Design 2. Special Event Assistance 3. Developing a Plastic Reduction Program for Businesses in San Diego 4. Collect Signatures For Our Campaigns 5. Have an Idea That Fits in With Our Mission: Let's talk

philosophy.

Health

<p>Christie's Place</p>	<p>www.christiesplace.org 2440 Third Avenue San Diego, CA 92101 Telephone: 619-702-4186 Fax: 619-702-5924 Email: info@christiesplace.org</p>	<p>Christie's Place is a leading nonprofit social service organization in San Diego County that provides comprehensive HIV/AIDS education, support, and advocacy to women, children and families impacted by HIV/AIDS. Our mission is to empower our clients to take charge of their health and well-being. Transforming lives since 1996, we are the <i>only</i> organization in San Diego whose mission is dedicated to serving women, children and families infected and affected by HIV/AIDS.</p>	<p>Volunteer Page is currently underconstruction. -Have been contacted but a response has yet to be received.</p>
<p>Family Health Centers of San Diego</p>	<p>823 Gateway Center Way, San Diego, California, USA 92102 Telephone: 619-515-2300 Fax: 619-237-1856</p>	<p>"Our mission is to provide comprehensive, accessible, quality health care services to residents, communities, and community-based organizations in San Diego and the</p>	<p>Volunteer opportunities include helping for special events and projects. Either contact online or call 619-515-2562.</p>

		surrounding region. We offer affordable services to all income levels, with a special commitment to low income, uninsured individuals.”	
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Other

Jubilee Economic Ministries	www.jubilee4justice.org/ 3295 Meade Avenue San Diego, CA 92116 Telephone: 619-528-8075 Email: jemsandiego@yahoo.com	<p>The primary purpose of Jubilee Economics Ministries (JEM) is to advance the understanding and practice of jubilee economics. Central to JEM is the change we make in our lives as we align with sustainable economic practices on Earth, our home. Like spokes from a hub, our activities go out from this center. The spokes are the practices and themes of an economics that is sufficient for everyone in our planetary household, an economics we call jubilee, but which goes by other names as well. They believe: Another world is possible when we :</p> <p>-Share resources fairly</p>	<p>Volunteer Opportunities:</p> <ul style="list-style-type: none"> -Organize a house party for JEM -Host or facilitate a showing of a documentary film on an economic theme, e.g., Food, Inc., Flow, and scores of others to choose from. -Write a grant proposal for JEM. -Assist with mailings. -Co-lead a workshop. -Organize house concerts with appropriate artists as a joint benefit to JEM and the artists. -Create entries for the website. -Generate a couple of venues with organizations or congregations for presentations on a jubilee economy. -Promote Fair Trade as concept and product. -Something you love doing that you believe could be done as part of JEM to advance a jubilee economy.
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Animals

<p>Helen Woodward Animal Center</p>	<p>www.animalcenter.org</p> <p>Location: 6461 El Apajo Road Rancho Santa Fe, CA 92067</p> <p>Mailing Address: P.O. Box 64, Rancho Santa Fe, CA 92067</p> <p>Phone: (858) 756-4117</p> <p>Fax: (858) 756-1466</p>	<p>Helen Woodward Animal Center's passionate belief that animals help people and people help animals through trust, unconditional love, and respect, creates a legacy of caring. Sharing this philosophy with others, the Center inspires and teaches, locally and globally, the importance of the animal-human bond.</p>	<p>Adoption: Pets awaiting their new home need extra love and attention. Working in the Adoptions Department includes exercising and socializing dogs or cats, kennel cleaning, grooming, laundry and clerical duties. Once trained, volunteers are scheduled to come in once a week for a 3-hour shift. Volunteers work with minimum supervision. Volunteers working with dogs need to be physically able to handle very large, enthusiastic dogs. * Volunteers must be at least 14 years old to apply. Openings are very limited.</p> <p>Foster Care: From time to time Helen Woodward Animal Center receives special pets that need foster care until they are ready to meet their new families and go "home" to stay. Maybe you can provide a safe haven with the love and care these little animal friends. You can <u>become a temporary foster parent</u> to a pet in need. Volunteers provide varying levels of care for orphaned dogs or cats, ranging from a warm quiet place to promote weight gain, to socializing with humans, noises and new surroundings. Our most intensive level of care requires bottle</p>
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			<p>programs, including Adoptions, AniMeals, Education, Pet Encounter Therapy, and Therapeutic Riding. The general adult volunteer orientation listed on the cover page is not required.</p> <p>* Junior volunteers 10 years old and up may hold pet food and coin drive at a local supermarket.</p> <p><u>Club Pet</u></p> <p>Club Pet Volunteer Opportunities</p> <p>Club Pet is looking for energetic volunteers to give our boarding dogs and cats lots of attention and T.L.C!</p> <p>Volunteers are needed 7 days a week. You must be able to commit to a 3 hour block of time, once per week, for at least 6 months. Our volunteer shifts are 9am to 12 noon, 10am to 1pm, 11am to 2pm and 12 noon to 3pm.</p> <p>Our dogs and cats miss their families, so our volunteers step in to give them the love and attention they need while boarding. Volunteers exercise our dogs by taking them on walks and doing off leash field play. For our older dogs, T.L.C. and Cuddle times in the kennel or out in the sun on the lawn are offered. Our cats look forward to their Feather time sessions. Felines also enjoy Bubble time, Cuddle time and T.L.C. sessions with our volunteers as well.</p> <p><u>Volunteers must be at least 16 years old.</u> Volunteers must also pass our dog handling class, which is given as part of the Club Pet Volunteer orientation and training program.</p> <p><u>Therapeutic Riding Program</u></p>
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La Jolla Friends of the Seals	www.lajollafriendsoftheseals.org (619) 687-3588 info@lajollafriendsoftheseals.org	La Jolla Friends of the Seals Mission Statement 1. To preserve the La Jolla Harbor Seal Colony for ecological, educational, scientific, historic and	They are the “harbor seal ambassadors” to these people who come from all over the world, many of whom know little about harbor seals. They educate the public about our unique and marvelous colony of 200 harbor seals. We are looking for candidates who are willing to make a serious commitment to the program.

		<p>scenic opportunities.</p> <p>2. To create and administer volunteer docent programs which will provide environmental education for the public and promote safe viewing of harbor seals and other marine life along the Southern Coast of California.</p>	<p>Docents are expected to volunteer once or twice a month for 2-3 hour shifts.</p> <p>They take part in an initial 2 hour training session conducted at the Casa/Children's pool.</p> <p>This session covers the history of the colony, the ongoing controversy and an in-depth review of harbor seal behavior and physiology.</p> <p>This is followed by a second "hands-on" session with an experienced docent to learn the "how-to's" of docenting.</p> <p>Docents are expected to become members of La Jolla Friends of the Seals. The dues are \$10 a year. This covers the cost of the docent T-shirt which is given after the docent has completed the "hands-on" session.</p>
Project Wildlife	<p>www.projectwildlife.org</p> <p>Wildlife Care Center 887 1/2 Sherman Street San Diego, CA 92110</p> <p>Administrative Office 4343 Morena Blvd., #7 San Diego, CA 92117 Phone: (858) 866-0555 Fax: (858) 866-0558</p>	<p>The mission of Project Wildlife is to improve quality of life for local wildlife and the community as the primary resource for animal rehabilitation and education.</p>	<p>Hotline Volunteers: If you enjoy helping wildlife in crisis from the comfort of our office or your home, then working as a Hotline Operator is the way to go. A five-hour shift once a week and access to a computer during your shift is required. Manage phone calls from the public, direct people how to safely rescue an animal, provide general wildlife fact knowledge, and coordinate transporters as needed. No animal contact is made in this position. NOTE: We currently do not have volunteer opportunities for teens under 16 years of age. All volunteers must reside in San Diego County and meet the requirements of CA Fish and Game to volunteer with wildlife. Also, please note that our volunteer opportunities are primarily long-term. We invest a great deal of resources into our volunteer program and do not offer one-time/short-term community service projects. All volunteers must be willing to make a minimum commitment of 100 hours within their first 6 months. Women who are pregnant or those with compromised immune systems are not permitted to volunteer</p>

			<p>where contact with animals is likely to occur.</p> <p>Event and Fundraising Opportunities: A limited number of volunteer positions are available each year in the Project Wildlife administrative office for event planning and fundraising positions. All of the options require the ability to use a computer and verbally articulate the Project Wildlife mission to members and donors. No animal contact is made in this position.</p> <p>Education Volunteers: If you enjoy helping people learn wildlife and conservation, this volunteer opportunity is for you. Education Volunteers are well trained in animal information, conservation, and interpretive strategies. You will also learn how to work with our live Animal Ambassadors. Once trained and assessed, Education Volunteers engage the audience with the wonders of native San Diego wildlife at events and programs throughout the county.</p> <p>Care Center Animal Assistant: Nearly all volunteers begin as Animal Assistants, completing a fun and thorough training checklist. Animal Assistants contribute 200 hours a year or more, interacting with medical staff and members of the public, and caring for resident patients at the Care Center in Linda Vista (or in Carlsbad during the summer months). Greet and assist the public with a new patient intake, learn about injuries and illnesses affecting local wildlife and how to treat them, and assist with everyday tasks such as hand-feeding baby songbirds, sanitizing enclosures and performing diagnostic testing. After basic training is completed, volunteers have the option of taking advanced training courses and applying to be Homecare Team members. Long-term patients reside in Homecare volunteers' personal homes or yards for rehab treatments.</p>
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<p>Rancho Coastal Humane Society</p>	<p>www.rchumanesociety.org</p> <p>389 Requeza Street Encinitas, CA 92024</p> <p>Phone: (760) 753-6413 Fax: (760) 753-6664</p>	<p>Rancho Coastal Humane Society (RCHS) was formed in 1960 by a group of hardworking volunteers, led by animal lover Maria K. Lloyd. The goal was and continues to be to care for the homeless animal population of San Diego County and to educate the public about pet over-population and responsible companion animal care.</p>	<p>Animal Companionship: Animal Companion volunteers increase our animals' chances for adoption by providing needed support and companionship through socializing, training and grooming the animals (dogs, cats, and rabbits). Volunteers also help the staff maintain a clean environment for our animals. No specific skills are required, but prior experience with animals is helpful. Volunteers are needed as Canine Companions, Cat Companions, and/or Bunny Buddies. All Animal Companion volunteers must commit to at least six hours a month for at least six months.</p> <p>Animal Foster Care Program: Volunteers provide temporary foster care in their homes. The animals needing fostering are newborn or very young animals (usually kittens), animals in our adoption program who would benefit from a home environment, or pets of victims of domestic violence in our Animal Safehouse Program. All foster volunteers must attend a volunteer orientation, interview with RCHS staff, receive appropriate training and agree to a home check. A foster parent will be responsible for the pet for a week to several months.</p> <p>Pet Assisted Therapy Program: Interested volunteers must be the caregiver of a well-behaved and friendly dog, cat or rabbit for which to use for the program. All pets must pass an initial evaluation provided by Love on a Leash. All canines must also successfully complete a six-week training course that will prepare you and your dog with the skills necessary for your important job ahead.</p> <p>Humane Educators: Volunteers are desperately needed to assist with all of our Humane Education programs. If you are interested, you should be comfortable with public speaking and enjoy working with people of all ages. Experience as an educator, public speaking, or outreach are beneficial. Humane Education volunteers must commit to at least three hours a month.</p> <p>Special Events: RCHS is funded solely by private donations and fundraising activities. In order to provide the best possible care to the</p>
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San Diego Animal Advocates	<p>www.animaladvocates.org</p> <p>San Diego Animal Advocates Box 230135 Encinitas, CA 92023</p> <p>(760) 632-8638</p> <p>info@animaladvocates.org</p>	<p>SDAA is dedicated to eliminating animal abuse, neglect and exploitation through education, community involvement and direct action. Our concept of compassion extends to all animals – domestic and wild, captive and free. We encourage putting a compassionate philosophy into practice in our lives by adopting a vegan diet and using cruelty-free products.</p>	<p>SDAA needs volunteers to participate in our programs – setting up library displays and outreach tables, taking part in educational demonstrations and arranging seminars and speaking engagements. We also need volunteers to help with special events and fundraisers.</p>
San Diego Audubon	<p>www.sandiegoaudubon.org</p> <p>San Diego Audubon Society</p>	<p>Fostering the protection of birds and other wildlife through education and study. Advocating for a</p>	<p>Tabling Volunteers</p> <p>Occasional. Assists with outreach and sales at special events, such as</p>

<p>Society</p>	<p>4010 Morena Blvd, Suite #100 San Diego, CA 92117 (858) 273-7800</p> <p>(619) 682-7200 for Volunteering</p> <p>Ellen Mosley Volunteer coordinator: macawmom@cox.net</p>	<p>cleaner, healthier environment.</p>	<p>EarthFair, San Diego Bird Fest, and employee fairs.</p> <p>CleanUp Volunteers Occasional. Assists with removal of invasive plants, removal of trash. At San Diego River, Least Tern Nesting Sites at Mission Bay and Tijuana Estuary, Anstine property in Vista. No experience necessary.</p> <p>Silverwood Hosts Welcome guests to our Silverwood Wildlife Sanctuary in Lakeside on a Sunday once a year, from 10-4PM (sometimes can depart earlier) while enjoying the relaxing environment of the sanctuary. Outdoors, no experience or birding abilities necessary, just a willingness to enjoy Silverwood and greet visitors. Singles or couples welcome. Some half-days available.</p> <p>Silverwood Trail/Habitat Crew</p> <p>Individual or group. Location: our Silverwood Wildlife Sanctuary in Lakeside. Assist with trail maintenance or clear away exotic plants. Experience a plus, but not absolutely necessary. Especially needed February - May. Call (619)443-2998.</p> <p>Committee Volunteers</p> <p>Conservation Committee</p> <p>This committee deals with local conservation issues, deciding the level of involvement and position the San Diego Audubon Society will take. Members also disseminate information to local media pertaining to conservation issues. Great opportunity to learn about Environmental Impact Reports, regional planning, and organizing conservation efforts. Meetings on the last Monday of each month at 6:30 pm at the SD Audubon chapter office.</p> <p>Anstine Committee</p>
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