This video will provide an overview of the General Education, or GE, Requirements at Eleanor Roosevelt College.

Remember, each college at UC San Diego has its own set of GEs that reflect the philosophy of that college. Keep in mind, some of the courses you take for GE requirements may also meet major requirements. Let’s review your GEs.
**MMW** is ERC’s interdisciplinary core sequence. Since MMW is taught by faculty from many departments it will introduce you to a variety of disciplines.

Most of you will take MMW 11 in the Fall. Be sure to return to the New Student Site in August for your specific course recommendations.

MMW 12 and 13, which are 6 units each and must be taken in Winter and Spring quarter, fulfill the UC Writing Requirement. You will take MMW 14 and 15 during your sophomore year OR by enrolling in the UC San Diego Global Seminar Program for MMW. Ask an ERC Academic Counselor about this during Fall quarter.

And remember...MMW MUST BE TAKEN FOR A LETTER GRADE!
The next GE, your **Foreign Language** requirement, can be met in one of these ways:

- Completing a 4th quarter or 3rd semester **college** level course
- Passing a language proficiency exam
- Attending a non-English language high school in another country
- Earning a qualifying AP or IB score (see [AP/IB chart](#))
- Receiving an SAT II score of 700 or higher in a foreign language

OR

- Receiving an SAT II score of 700 or higher in a foreign language
You will need one, 4-unit course chosen from Visual Arts, Music, or Theatre and Dance to complete your ERC Fine Arts requirement.
For your Quantitative & Formal Skills requirement, you must complete two classes from an approved list. You might want to think of this as your "math" requirement.

For students whose majors require Calculus, the requirement will be met by completing those Calculus courses. There are many other Quantitative/Formal Skills course options for majors which do not require Calculus.

Remember, if you are pre-med you can be ANY major, but calculus IS required.

When we recommend your Fall quarter courses, we will indicate if you need Calculus and which series to take. In the New Student Site, we will ask you to verify your major choice and if you are interested in pre-med. It will be VERY important to answer all of the questions carefully.
Similar to the Quantitative/Formal Skills GE, students with majors requiring specific science courses will complete their Natural Science requirement by taking those major classes.

We provide a list of Natural Science courses for both science and non-science majors on the ERC website. For your first quarter, we will even give you a list of which ones are offered in the Fall.
For your **Regional Specialization** requirement, you will take three classes that focus on one of six specific geographic regions. These classes may be chosen from our approved list and are offered through a variety of departments.

At least two of the classes must be upper-division and cannot overlap with your major. One of these courses may be taken as Pass/No Pass.

While these courses are usually taken during your Junior or Senior year, or while you're abroad, we want to make sure you know about them now.
Finally, for the Upper-Division Writing requirement, at least one upper-division course in your academic program must include a significant writing component in English. This is usually met during your Junior or Senior year when you're taking upper-division classes.

With careful planning, this should NOT be an additional course.
To review, your ERC GE requirements are:

- Five MMW courses
- Language proficiency: Either by a course or an exam
- One Fine Arts course
- Two Quantitative/Formal Skills
- Two Natural Science courses
- Three Regional Specialization courses

and

- Your Upper Division Writing requirement

You can find a list of these [GE requirements](http://roosevelt.ucsd.edu) on the ERC website.
Just go to “roosevelt.ucsd.edu” and click on the “Academics” section of the site.
Many students have AP or IB units that will satisfy some GE requirements. Be sure to review the [AP/IB chart](#), which can also be found on the ERC website.

On this chart, you can see which GEs you have already fulfilled using AP or IB credit. You need to be careful not to enroll in, or retake, a class if you already have AP or IB credit for it. This is called “Duplication of Credit”. You will not get any units or grade points for classes you retake.
You should have a clear understanding of your ERC GE requirements now.

If you have any questions about your first quarter courses, ERC Advising can answer them during E-Advising, which will open after “Your Recommended Courses” are revealed in August.
Be sure to watch the “Major Information” video and the “University & Degree Requirements” video so you get the whole picture of your UC San Diego degree!