

CHOOSING A MAJOR

Which one is right for me?

Six Simple Steps

1. Look at the list of [majors offered at UCSD](#). Keep track of each major you might consider. Do a little research: check the UCSD Catalog (<http://catalog.ucsd.edu>) for brief descriptions of the majors and departments you've never heard of.
2. Visit the department offices of each major you've highlighted. Pick up literature (ie: major planning handouts, information about faculty research, finish-in-four plans, career options) and read it thoroughly. Eliminate any majors which are no longer options for you.
3. Determine your personality type through FOCUS or another similar self-assessment tool at the Career Services Center (www.career.ucsd.edu) to determine your interests and values in your education and future career.
4. Compare your interests with your existing list of possible majors. Narrow your list down to five or six majors.
5. Talk to students and faculty (most faculty hold office hours each week) in the majors you are considering. Ask them about the choices they made to be in the field they're in.
6. Treat your general education courses as food at a buffet: sample one course in each of your potential major departments, and go back for more of what you really like!